



LIL CHEDDAR MEAT LOAVES

From the kitchen of Mom Dudley

Ingredients:

1 Egg
¾ cup Milk
1 cup (4oz.) Cheddar Cheese,
shredded
½ cup Quick-Cooking Oats
½ cup Onion, chopped fine
1 tsp. Salt
1 Lb. Lean Ground Beef
⅔ cup ketchup
½ cup Brown Sugar, packed
1 ½ tsp. Prepared Mustard

Directions:

In a bowl, beat the egg and milk. Stir in cheese, oats, onion and salt. Add beef and mix well. Shape into eight loaves; place in a greased 13 x 9 x 2 baking dish.

Combine ketchup, brown sugar and mustard; spoon over loaves. (I always double the topping; my bunch likes Sauce)

Bake, uncovered, at 350° for 45 minutes or until the meat is no longer pink and a meat thermometer reads 160°.

Serves: 8