

ABOVE THE KNEE-
IS BELOW OUR DIGNITY!



The knees are a part of the thighs, which is the highest form of ervah, and therefore their shape must be complete concealed. For this reason previous and contemporary Rabbanim have instituted the following guideline - for our benefit - to prevent us from violating this Torah prohibition:

Be Aware.
Be Careful.
Be Protected.

IT HAS BEEN CAREFULLY ASSESSED THAT DRESSES AND SKIRTS SHOULD EXTEND A MINIMUM OF 4 INCHES PAST THE LOWEST POINT OF THE KNEE TO ENSURE PROPER COVERAGE WHEN STANDING, SITTING, AND WALKING.



In certain instances - depending on the style of the skirt (especially straight skirts) and the height and figure of the person - 4 INCHES MAY NOT BE ADEQUATE. Therefore, in order to ensure that the length of the skirt is sufficient, one should sit down in front of a mirror to confirm that the skirt covers the complete knee properly.