



MAKE AHEAD FREEZER BREAKFAST SANDWICHES

From the kitchen of Mom Dudley

Ingredients:

12 eggs
1/4 cup milk or heavy cream
1 teaspoon salt
1/2 teaspoon dried basil (optional)
1/4 teaspoon black pepper
12 English muffins
12 precooked sausage patties (or slices of Canadian bacon or ham, or 24 strips of cooked bacon)
12 slices cheddar cheese (or 2 cups shredded cheddar cheese for eggs)

Directions:

Preheat oven to 350 degrees Fahrenheit.
Whisk together eggs, milk or cream, salt, pepper, and basil (optional) in medium bowl. Pour into 9x13 baking dish that has been prepared with non-stick cooking spray. Bake for 20-22 minutes until center of eggs is fully set (be careful to not overcook). Remove eggs from oven and cool. Once cooled, cut the eggs into 12 squares.
Separate the halves of the English muffins and line up one half of each on a counter or table surface.
Place one serving of your chosen meat (either one frozen sausage patty, a slice of Canadian bacon or ham, or two strips of bacon cut in half) on each of 12 muffin halves.
Top each with one square of eggs and then a slice of cheese. Then place remaining halves of the muffins on top.
Wrap each sandwich individually in aluminum foil or freezer paper. Be sure to label what type of meat is included.
Place wrapped sandwiches in a large gallon-size zip-top freeze bag. Label and date the bag, then place into freezer.

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MAKE AHEAD FREEZER BREAKFAST SANDWICHES (CONTINUED)

To Reheat Freezer Breakfast Sandwiches:

From Frozen:

Remove aluminum foil or freezer paper from frozen sandwich.

Wrap loosely in one layer of paper towel, then microwave for 1 minute on 50% power, followed by 45-60 seconds on full power.

From Thawed:

Remove frozen sandwich(es) from freezer and place into refrigerator overnight to thaw. Once thawed, remove aluminum foil or freezer paper from sandwich. Wrap loosely in one layer of paper towel, then microwave for 35 - 45 seconds on full power until heated through.

To Reheat a Large Batch of Sandwiches:

Sandwiches will need to be wrapped in aluminum foil (no freezer paper or plastic wrap). Place frozen wrapped sandwiches on a baking sheet. Bake in a 400 degree Fahrenheit oven for about 20 minutes, then remove the foil, place sandwiches carefully back on the baking sheet, and bake for 10 more minutes unwrapped.